



ALL SAINTS FOURWAYS GARDENS



SUNDAY 14 MARCH 2021

John 3: 14-21

PRAYER BEAR

What you need:

- 1 felt square – 20cm x 20cm in the colour of your choice
- 2 wobbly eyes
- Small piece of felt or other fabric in a contrasting colour – for ears and heart
- Scissors
- Glue
- Black khoki pen



What to do:

Cut out 2 bear bodies. Cut out ear insides and heart in contrasting colour. On back of bear cut a slit 4cm wide in the middle of the body (see pattern). On front of bear glue on ear insides, eyes and heart. Use black khoki pen to draw on nose and mouth – see pattern.

Glue the back and front together around the outsides leaving the inside hollow to receive slips of paper with the names of people you want to pray for. Cut small squares of paper about 4cm x 2cm. Write the name of the person you wish to pray for on each square. Fold up the paper squares and put them in the bear's tummy. When you say your prayers take out one name at a time and pray for that person.

Talk about:

God loves you because God's nature is to love. We share God's love with others by loving them and praying for them. Talk about how prayer can help the people you care about.

DAILY ACTS OF KINDNESS

What you need:

- Print out the attached chart, or draw your own on an A4 sheet of paper – with enough squares for a month.
- Post-it notes (mini-ones will work well)
- Pens or khokis

What you do:

Number the blocks with the days of the month. Make sure that the correct date is matched with the correct day.

You can then write an act of kindness challenge for every day of the month – something that you can do to be kind to those around you. For example: Set the table, Offer to make a cup of tea or sandwiches for someone in your family, or Smile at a person at school who isn't your friend. If you use post it notes you will be able to re-use your chart over and over.

Talk about:

God is kind, and in God's kindness, Jesus came into the world. How can being kind cheer someone up?

HEART-SHAPED SANDWICHES

What you need:

- two slices of bread
- spread
- jam
- a knife

What you do:

Using the knife (with parental supervision), make a jam sandwich, and cut this into a heart shape.

Talk about:

God so loved the world. How can we love the world by being careful with not wasting? What do we do with the food that we don't use?