



**ALL SAINTS
FOURWAYS GARDENS**



MAY 2021

THEME: Loving others, loving mothers

John 15:9 -16

Jesus continued....⁹ "As the Father has loved me, so have I loved you. Now remain in my love. ¹⁰ If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. ¹¹ I have told you this so that my joy may be in you and that your joy may be complete. ¹² My command is this: Love each other as I have loved you. ¹³ Greater love has no one than this: to lay down one's life for one's friends. ¹⁴ You are my friends if you do what I command. ¹⁵ I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you. ¹⁶ You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. ¹⁷ This is my command: Love each other.

PRETZELS

Ingredients

- 4 1/2 cups all-purpose flour (Need 4 to 4 1/2 cups)
- 2 tbsp sugar
- 1 packet instant yeast (this is equal to 2 1/4 tsp)
- 1 1/2 tsp salt
- 1 cup milk
- 1/2 cup water
- 2 tbsp canola oil
- 2 eggs lightly beaten
- coarse salt

Instructions

1. Combine 2 cups flour, the sugar, undissolved yeast, and salt in a large bowl.
2. Heat milk, water, and oil until very warm, approximately 50°C. Stir warm liquids into flour mixture. Stir in enough of the remaining flour to make soft dough. Knead on floured surface until smooth and elastic, about 4 to 6 minutes. Cover; let rest on floured surface 10 minutes.
3. Divide into manageable-sized pieces. Roll each piece to 20cm rope. Cover and let rest for 5 to 10 minutes until risen slightly. To shape into pretzels: Use 2 pieces of dough rope to shape a heart, squeezing or twisting at the ends. Place on 2 greased baking sheets.
4. Brush with beaten eggs then bake at 180°C for 15 minutes. Remove from oven; brush again with eggs. Sprinkle with salt, cheese, poppy seed, or sesame seed.
5. Return to oven and bake for 15 minutes or until done. Remove pretzels from baking sheets; let cool on wire racks.



Talk about:

Heart-shapes are used to communicate love. Jesus tells us that we are to love one another. Talk about how we love one another. How do we love people who are difficult to love?

DECORATED POT

What you need:

- Terracotta flower pot (you can also use a plastic pot)
- White spray paint
- Modge Podge & paintbrush (if you don't have Modge Podge, then dilute some wood glue with water)
- Cut-out shapes or Tissue paper in a variety of colours

What to do:

Paint the pot white (note – you will not need to paint it if it is a light-coloured plastic one).

Cut the tissue paper into small triangles.

When you decoupage it's best to work in small sections. Brush a thin layer of Modge Podge on the pot

Press a tissue paper triangle down with your fingers and brush another thin layer of Modge Podge over it.



You can create any design you'd like. The tissue paper can be overlapped to create additional colours and dimension.



Work in small sections until the design goes around the whole pot



Once the Modge Podge has dried, cover the entire pot in another layer. [Note- To keep your flower pot looking great, it's best to put it indoors or on a covered porch. If it's left directly outdoors, the Modge Podge will wear away after time]

If you are using pre-cut shapes, the same methodology with the Modge Podge applies.



Talk about:

We often use pots to grow different plants. Why do you think we need some compost or soil in the pot? What happens to the plant if it is taken away from the soil? Why do you think Jesus said "Remain in my love"?

PRAYING HEARTS

What you need:

- A local newspaper or access to news articles
- Foil hearts
- A shallow bowl with some water

What you do:

As you page through the newspaper or scroll through the news, take turns floating a foil heart in the water and pray for each person or situation that needs some love at the moment.

Talk about:

What difference would God's love make to the places and the people in the news today?

TISSUE PAPER FLOWERS

What you need:

- Tissue paper squares (8 – 10) in different colours (Note you can use paper serviettes)
- Stapler and staples
- Green pipe cleaners.

What to do:

Decide on the size of the flower and cut the squares accordingly. If you use paper serviettes you can cut them into quarters. This makes a nice size flower. If you want a bigger flower use the whole serviette.

Layer about 8 squares as evenly as possible. If you are using two ply serviettes you can use 4 squares – it depends how full you want your flower to be.

Fold your square concertina style – see diagram

Fold the concertina in half to find the middle.

Staple the middle to hold it.

Fold the end of the pipe cleaner tightly around the stapled middle. The pipe cleaner will form the stalk of the flower. You can bend part of it to form a leaf if you wish.

Trim the ends to a rounded shape see diagram

Slowly fluff out the concertina folds on each side to form petals – see the diagram. The more layers you have the fuller your flower will be.



Talk about:

May is the month when we remember our mothers and their love for us. Talk about all the different people who have nurtured you, what has been their particular gift to you, and perhaps give a flower to one (or more) of them to thank them for their love.

MESSAGE:

Click <https://youtu.be/OT0jHGXvBc8> to watch how these activities link to the Bible Story (6 minutes).

Or visit our website: <https://www.allsaints.co.za/church-services/>

Enjoy a meal together and talk about one thing that stood out for you.

We hope you have enjoyed Messy Church in a Bag with us this month.

Please join us again on Sunday 13th June at 3pm.

Remember to sign-up on the church website beforehand.

With love from

The All Saints Messy Church Team